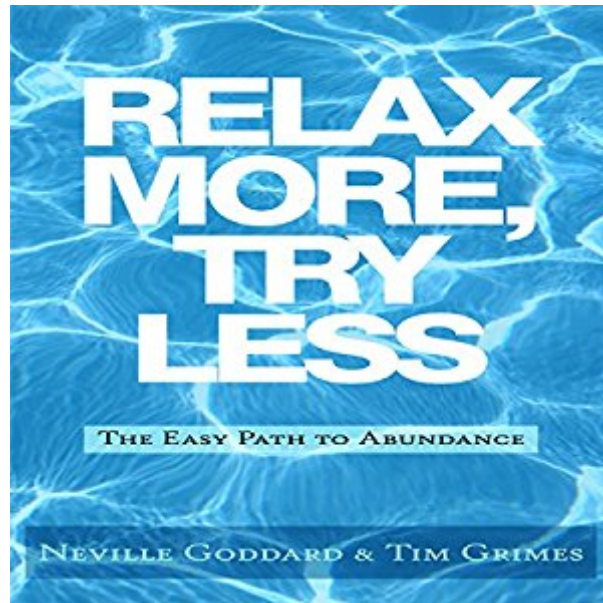


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# Relax More, Try Less: The Easy Path To Abundance



## Synopsis

This audiobook is about getting what you want by relaxing more. More specifically, this audiobook will show you the necessity of relaxing in order to get what you want. The unusual recommendations we're about to go over are practical suggestions that you can start using immediately. Whatever you are looking for in life - whether it's more money, improved health, better relationships, more free time, a greater sense of well-being, or a fancier car - you'll often get it faster if you try less.

Obviously, this isn't the normal way we think about how to acquire what we want. Our first inclination is always to try harder if we deeply desire something. We think we must work hard, and put in a lot of effort, in order to make our desires come to fruition. But the truth of the matter is that trying hard does not work well for most people. The majority of us who try hard to improve our lives still don't get what we really want. We want to get better things in our life, we try very hard to get them - and our best intentions still manage to get screwed up. I can't begin to tell you how many times I have tried hard and still managed to fail in reaching my goal. It's nothing to be embarrassed about; it's just the truth. Most of the time trying so hard really doesn't get us what we hope it will. So here's a logical question: what would happen if we stopped trying so hard? What if there's an easier way to receive what we want in life? What if we allow ourselves, instead of trying hard, to relax with more consistency? The surprising answer is that by relaxing more we can immediately start to feel wealthy within ourselves. And, from there, an even more stunning development occurs: our new sense of self-wealth miraculously starts to manifest itself in our outer world.

## Book Information

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Mind & Body > Self-Help

## Customer Reviews

This book is not by Neville Goddard. It Tim Grimes with Goddard rehashed bits. If you are or have been already reading Goddard's book do not get this. If you are new to Goddard and want to ease your way into this by all means make this purchase.

I have just started reading this ebook and already feeling that wave of excitement go through me when I read something that is so simple yet so effective. Life could be so wonderfully exciting and simple if I would only follow the tips that Neville Goddard has so generously shared with us in these books! I think when I start reading his books that nothing could top the last one I read but this one is the best. It is simple. It is incredible. Read it, and change your life.

I've always believed in law of attraction however, I've always tried to manifest with difficulty and effort sometimes with success and sometimes not. I read The Seven Spiritual Laws of Success recently and it launched me into a new perspective of relaxing and trusting, which lead me to search for a book about it and I found this one. It really helped me understand that effort is the opposite feeling of what we are desiring to manifest. I now am truly understanding the point of it all!

Everything is always working out for you if you relax and feel it :)

I've reread this book many times because there is more meaning in it than a lot of books that I have read in the self-help area starting in 2012. I've read many books from a lot of the major new-age thinkers, and this kind of summarizes everything I know and want to consistently reinforce in my daily life. The title says it all, and when you read it may show you why when you let go things happen so much easier. It sounds corny, but I did try less and let go and felt so closely with this text. Days later I got a call to pick up a check of back pay from my job for almost \$2,000. You could say it would have happened anyway, but it feels very strange in a GREAT way when you consciously seek something, sit back and enjoy your days and it actually happens.

• From the time he began teaching the 1930s, and until his death 1972, Neville [Goddard] beautifully expounded upon the main concepts of this guide. • So says co-author Tim Grimes as he introduces readers to his predecessor's wise suggestions. The central theme, that learning to relax will paradoxically help us achieve more in the modern high-speed world, is well-taught (though not necessarily as logical • as the author would suggest). • By allowing ourselves to relax, we begin to naturally fall into a state of subtle gratitude and humility, • says Grimes. It's not our

thoughts that drag us down, but rather our dysfunctional relationship with them. • And failure is all too often a failure of the imagination. Injunctions to imagine what we want rather than dwelling on what we lack echo religion's "Just have faith" mentality, but Grimes keeps his writing both secular and simple, offering exercises and wise advice that anyone can apply. Goddard phrases it all more spiritually, viewing Biblical texts as metaphor rather than history, and offering quotes like, "As a man thinketh in his heart, so is he." • A strong emphasis on feeling might suggest we just need to do what feels right, but Grimes does a nice job of promising nothing, offering much, and letting readers interpret the meaning as they choose. Disclosure: I was given a free copy and I offer my honest review.

As someone else has stated in their review, just read Neville. The author adds nothing new or insightful here and quotes Neville Goddard predominately, why waste your money, go for the real thing (Neville).

A good, quick guide to the simplest interpretation of some of Neville's teachings. I appreciate Grimes' emphasis on relaxation - something eluded to, but not often discussed explicitly in other works of Neville. Good read. Just wish it was longer. Then again, I could read this stuff forever ...

You know anything about manifestation apply this and it will work ... It's basically letting go and enjoying... If you just relaxed you would probably manifest what you wanted without even trying

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